

The Sacred Heart Peaceful Living Workshop Booking Form

We would be very grateful if you would take a few minutes to complete this form. This helps us to tailor the workshop more closely to your needs. All information will be kept strictly confidential. We will only be able to reserve your place on the workshop once the form is returned fully completed. **Thank You.**

Workshop date: (a minimum of 4 people are required for a workshop to take place) First Choice: Second Choice:	Workshop venue: How did you hear about the workshops?
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Name, Mr/Mrs/Ms/Other: Address:	Telephone number: Mobile number: Email address: Preferred mode of contact: Post/Email/Landline/Mobile/None (please circle as appropriate)
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What are you hoping to gain from the workshop?
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Do you have any previous workshop experience YES/NO? If YES, please give brief details of workshops you have attended:

Do you have any special requirements? e.g. mobility, or other physical disability needs YES/NO? If YES, please give details:

PLEASE TURN OVER

PHYSICAL HEALTH:

do you have a physical health problem, YES/NO?

If YES, please give brief details:

Are you currently seeing a medical or alternative health practitioner for a physical health reason (e.g. GP, consultant, nurse, counsellor, osteopath, acupuncturist, other) YES/NO

If YES, please give brief details:

Are you currently taking any medicine/supplements for a physical health reason, YES/NO?

If YES, please give brief details:

EMOTIONAL/MENTAL HEALTH:

Do you currently have an emotional/mental health problem? (e.g. anxiety, depression, bereavement, family/relationship issues, other) YES/NO?

If YES, please give brief details:

Are you currently seeing a medical or alternative health practitioner for an emotional/.mental health reason? (e.g. GP, consultant, nurse, counsellor, osteopath, acupuncturist, other) YES/NO?

If YES, please give brief details:

Are you currently taking any medicine/supplement for a mental health reason, YES/NO?

If YES, please give brief details:

Is there any other information you would like us to be aware of? (e.g. family arrangements/other)

Please return the completed form to us as soon as possible to secure a place on the workshop,

By post: Beech Farm House, Jolls Lane, Greetham, Lincs. LN9 6NT

By Email: sales@soulmirrors.com

Please let us know if you require other information:

Tel: 01507 588211

Once we have received your completed form, we will confirm your place on the course. A minimum of 4 people is required for a course to take place, so dates may need to be re-arranged depending upon numbers for a specific workshop.